

ECCAO Book Club Guidelines

Welcome to the ECCAO Book Club!

These guidelines are here to keep our meetings easy, fun, and welcoming for everyone.

1. Meeting Frequency

We meet **every 3–4 weeks**, giving everyone plenty of time to read and reflect.

2. Choosing the Reading Material

- **Length:** Aim for books around **250–350 pages** or **8–10 hours** of audiobook listening.
 - **Genres:** We like to **mix it up**. The group decides together.
 - As per ECCAO policy, there will be **no** politics, religion, or adult books.
 - **Member Input:** At the end of each meeting we **vote on the next pick** or add ideas to a running suggestion list.
 - **Availability:** We choose titles that are **easy to find** in libraries and in paperback, e-book, or audio formats.
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3. Meeting Flow (about 90 minutes)

A typical gathering looks like this—feel free to adapt as needed:

1. **Welcome & Catch-Up (10–15 minutes)**
Light socializing, snacks, and announcements.
 2. **First Impressions (10 minutes)**
Everyone offers a quick, one-sentence reaction to the book.
 3. **Deep Discussion (45–50 minutes)**
 - Themes, characters, and setting
 - Writing style and memorable passages
 - Connections to current events or personal experiences
 4. **Ratings & Reflections (10 minutes)**
Each member gives the book a rating (for example, out of 5) and a brief reason.
 5. **Next Steps (5–10 minutes)**
Confirm the next book, set the meeting date, and—if desired—assign a discussion leader.
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These guidelines are meant to create structure without taking away the fun.
Come ready to share, listen, and enjoy good conversation!